



Have you ever been told you have dry eyes?

Yes  No    When? \_\_\_\_\_ Which Eye or both? \_\_\_\_\_

Do you have any of the following symptoms?

- Redness
- Burning
- Itching
- Light sensitivity
- Excess tearing/watering eyes
- Tired eyes, eye fatigue
- Stringy mucus discharge
- Foreign body sensation
- Contact lens discomfort
- Scratchy feeling of sand /gritty feeling

Have you had any of the following surgeries?

Cataract   YES/NO    Glaucoma   YES/NO    Refractive surgery   YES/NO

Do you use?

- Contact lenses
- Restasis
- Rx eye drops for allergy (e.g., anti-inflammatory, antihistamine)
- Over the counter eye drops such as artificial tears?
- Rx eye drops for Glaucoma (e.g., Xalatan, Timolol)
- Nutritional supplements (e.g., flaxseed oil, omega-3)

Are your symptoms related to the following conditions?

- Windy Conditions
- Places with low humidity (e.g., airplanes/hospital)
- Areas that are air conditioned/heated

Are you taking any of the following medications?

- Antihistamines/Decongestants
- Antidepressant or anti-anxiety
- Accutane or other oral treatment for acne
- Hormone Replacement Therapy
- Antihypertensive (e.g., Diuretic.)